

INDIANA TRAIL 100

INDIANA'S ONLY 100 MILE TRAIL RACE



TRAINING RUNS:

WEEKEND TRAINING RUNS AT CHAIN O'LAKES:

Saturday (am) or Sunday (am) from September to April

Saturday (pm) from May to August

We'll have runners that are familiar with the course provide training runs on the weekend. Please check the Indiana Trail 100 Facebook site for more details.

WEEKDAY TRAINING RUNS AT CHAIN O'LAKES:

Thursday 6:30 pm

We'll have runners that are familiar with the course provide training runs on the weekday. Please check the Indiana Trail 100 Facebook site for more details.