

INDIANA TRAIL 100

INDIANA'S ONLY 100 MILE TRAIL RACE



Pacers

- Only pacers are allowed for the 100 mile and 100k after 40 miles. No pacer allowed in the 50.
- Only one pacer with Runner at any given time.
- Pacers wear "Pacer/Runner Number".
- Pacers will stay with Runner at all times, no running ahead to fill bottles, get food, get drop bag
- Pacers are a companion, not a mule for runner supplies.

Prior to pacing your runner you need to check in at the Event Tent, start/finish area. We will give you a bib at that time. All participants on the course have to wear a "runner" bib or a "pacer" bib. All Pacers will have to fill out and sign the Medical and Release Forms. If under 18 you will need a guardian to sign for you.

Pacers not only play an important role in assisting runners achieve their goals but also with their safety.

There will be no charge for pacers in this event and each will have full access to each aid station. Please note that pacers will not be eligible for any medals, as they are not considered official runners.